**What are you eating- Part 2**

After completing your list of ingredients start working on a visual presentation in groups of 2-3. Your primary goal is to visually represent your findings in a presentation. Your presentation must be 5 minutes long. You can use Powerpoint or any other means of presentation. If you show a video t must be kept to under 1:00 in length.

There are two ways of presenting:

1. Study a product (ex: Gatorade) and go into detail about each ingredient
2. Take an ingredient and show all the products it goes into.

Either way you choose make sure your presentation needs to find these parameters:

**Presentation Rubric**

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| **Requirements** | **Points** |
| Everyone must participate and present | 20 |
| Must last 5 minutes | 20 |
| Define at least 5 ingredients, what’s in them, and how they are made | 25 |
| Show all of what goes into 1 product (ex: high fructose corn syrup in Gatorade) | 25 |
| X Factor Points- going the extra mile | 10 |
| Total |  |